

# 2019 April



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The first of April is the day we remember what we are the other 364 days of the year. ~Mark Twain</p>	<p>1</p>	<p>2</p>	<p>3</p> <p>Deeksha Meditation 7:00 pm</p>	<p>4</p> <p>A Course in Miracles 7:00 pm   Donation Hollis Toal, Facilitator</p>	<p>5</p> <p>Cancelled for April</p>	<p>6</p> <p>Board Meeting 10:00 am</p>
<p>7</p> <p>Sunday Service 11:00 am</p>	<p>8</p> <p>Tucson Energy Healers 6:30 pm</p>	<p>9</p>	<p>10</p> <p>DEADLINE MAY CALENDAR INFORMATION</p> <p>Deeksha Meditation 7:00 pm</p>	<p>11</p> <p>A Course in Miracles 7:00 pm   Donation Hollis Toal, Facilitator</p>	<p>12</p> <p>Deeksha &amp; Dance 7:00 pm</p>	<p>13</p> <p>Second Saturday Psychic Fair 10:00am-4:00pm</p>
<p>14</p> <p>Sunday Service 11:00 am</p>	<p>15</p> <p>Healing Time 6:30 pm</p>	<p>16</p>	<p>17</p> <p>Deeksha Meditation 7:00 pm</p>	<p>18</p> <p>A Course in Miracles 7:00 pm   Donation Hollis Toal, Facilitator</p>	<p>19</p> <p>Cancelled for April</p>	
<p>21</p> <p>Sunday Service 11:00 am</p> <p>Easter</p>	<p>22</p> <p>Tucson Energy Healers 6:30 pm</p>	<p>23</p>	<p>24</p> <p>Deeksha Meditation 7:00 pm</p>	<p>25</p> <p>A Course in Miracles 7:00 pm   Donation Hollis Toal, Facilitator</p>	<p>26</p>	<p>27</p> <p>Yoga with Shelly 10:00 am \$5.00</p> <p>UFO Seminar 1:00-5:00 pm \$10.00</p>
<p>28</p> <p>Sunday Service 11:00 am</p>	<p>29</p>	<p>30</p>	<p>Attitude is a choice. Happiness is a choice. Optimism is a choice. Kindness is a choice. Giving is a choice. Respect is a choice. Whatever choice you make makes you. Choose wisely. ~Roy T. Bennett, The Light in the Heart</p>			

# UFOS

A SEMINAR WITH  
A. BENZ

An Internationally-known expert on UFOs

**SATURDAY, APRIL 27**

**1:00-5:00 PM**

**-\$10.00**

**Tamara will provide Snacks**

*Both the military / defense contractors and the intelligence communities of the USA and other major nations have been involved in an international conspiracy to discount the significance of the subject in order to retain institutional control over their respective populations.*

## *Interested in learning Tarot or taking a Shamanic Journey?*

Rev. Ku Istan Frainé is offering opportunities in both,—beginning in May, 2019. Sign up sheets with more information are in the kitchen.

# Cuban Heritage Night!

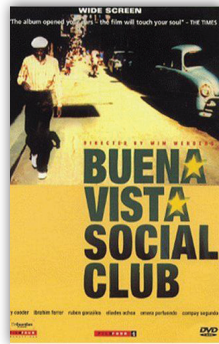
Tamara supports knowledge & diversity through  
Fun, Fellowship, Food & a Movie Too!

**Saturday May 11, 2019 | 6:00 pm-9:00 pm**

*No charge! Space is limited to the first 50 people requesting tickets.*

**Starting in mid-April there will be a sign-up sheet in the kitchen.**

We will be celebrating Cuban food, coffee (as well as American decaf) & cocktails. Cuban music accompanied by a percussionist will fill the room while you enjoy vegan black bean soup, Cuban sandwiches (grilled ham, pork, and cheese—all with optional pickles and mustard), roasted vegetables, jack fruit, and fresh mangos! Vegetarians have the option of grilled cheese sandwiches. Each attendee may request beverage tickets for (alcoholic) Cuban cocktails. Limit two. All other beverages are unlimited.



*The movie is “Buena Vista Social Club,” a 1999 Wim Wenders documentary (nominated for an Oscar) based on the 1997 Ry Cooder recording of the same name. Both the album and the movie showcase the experiences of Cuban musicians of the 1950s. Following Castro’s takeover of Cuba, these amazing artists were forgotten. Aging and nearly obscured, they were finally allowed to share their extraordinary music with the rest of the world through the efforts of Cooder and Wenders. It is a movie of revival and resurrection.*

*if you can help—we will need three or four panini grills or George Forman-type grills on loan from congregation & as many Espresso makers as can be loaned from congregation.*

**Thank You!**

**Tamara Spiritual Center is dedicated to providing Love, Light, and Peace through Enlightenment, Healing and Self-Empowerment.**